



Spiritual Counselling

Deep Listening, Self discovery



Awaken to the peace, happiness and natural freedom of your True Self.
Anxious or depressed or in grief?
Feelings come and go.
You witness them. You are presence

On Skype! Alison is a Member of the Register of One Spirit Inter-faith Ministers **TESTIMONIAL** "It's been a **beautiful experience** which has been of **tremendous benefit** to me"

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£20 or **Pay what you decide** 45 mins sessions